

OVERALL SCORE

(as of February 2026)

78

✓ CR RECOMMENDED

2026 Subaru Ascent

CR MPG 22 mpg
#6 of 20 Mid-sized SUVs 3-row

- ✓ **HIGHS**
- Ride
 - Quietness
 - Interior room
 - Visibility
 - Braking
 - Controls

- ✗ **LOWS**
- Agility

ROAD TEST

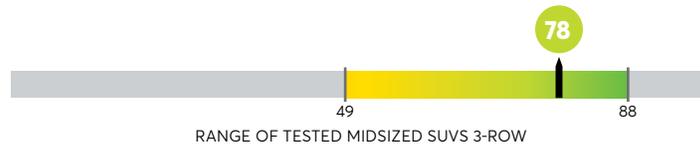
92/100

PREDICTED RELIABILITY

41/100

PREDICTED OWNER SATISFACTION

69/100



Road Test Results

Performance

Acceleration 0 to 60 mph	8.0 sec	4/5
Transmission		5/5
Routine Handling		3/5
Emergency Handling		3/5
Braking		5/5
Headlights		3/5

Comfort & Convenience

Ride		5/5
Noise		4/5
Driving Position		4/5
Front Seat Comfort		4/5
Rear Seat Comfort		5/5
Third Seat Comfort		1/5
Front Access		5/5
Rear Access		5/5
Third Access		1/5
Usability		5/5
Interior Fit & Finish		4/5
Cargo Score		4/5
Towing		4/5
Climate System		5/5

Fuel Economy & Range

Fuel Economy	3/5
CR's Overall Mileage	22 mpg
CR's City Mileage	14 mpg
CR's Highway Mileage	32 mpg
Green Choice	No
Greenhouse Gas	4/10
Smog Rating	4/10

Survey Results



Overall Reliability History

2018	2019*	2020	2021	2022	2023	2024	2025
X	↓	↓	↓	↓	↓	↓	↓

* Redesign year

Owner Satisfaction

2018	2019	2020	2021	2022	2023	2024	2025
X	↓	↑	↑	↓	↑	↑	↑

Driving Experience	81/100
Comfort	81/100
Value	59/100
Styling	80/100

CR Road Test Report

Subaru's three-row SUV has impressive all-around performance. The Ascent's smooth ride, functional interior, and slick power delivery helped lift it to success.

The Ascent has a 2.4-liter turbocharged four-cylinder engine in a segment where V6s dominate, which might seem to be a disadvantage on paper. But in real-world driving, the SUV feels zippier and more satisfying than its numbers suggest it should be. Plus, its 22 mpg overall is comparable to its rivals.

The plush ride is impressive, even bettering some luxury cars. However, we noticed significant body lean through turns, but the SUV feels safe and remains under control even under duress.

Getting into the Ascent's cabin is easy, thanks to its large doors and low step-in height. Seat comfort is good as long as one opts for one of the three top trims (Limited, Touring, or Onyx Edition Touring), which have leather and a four-way lumbar adjustment.

The controls are simple to use and the infotainment touch screen responds quickly to commands. All trim levels come

with wireless Android Auto and Apple CarPlay compatibility. A WiFi hotspot can support up to eight devices to entertain connected families.

The Ascent's soft surfaces and contrasting interior accents add an upscale flair, befitting its price. Most Ascents come with second-row captain's chairs, which provide plenty of leg-room and can be slid fore-aft. Our Limited model came with USB ports and a 120-volt outlet for rear passengers.

The foldaway third-row space is relatively livable. Passengers will find that the grab handles mounted on top of the second-row captain's chairs make getting out of the third row easier.

Standard equipment includes Subaru's EyeSight Driver Assist Technology, a suite that includes forward collision warning, automatic emergency braking, lane keeping assistant, adaptive cruise control with a lane centering feature, blind spot warning, blind spot assistance, rear cross traffic warning and reverse automatic emergency braking.

The Ascent is an extremely functional and comfortable vehicle that will appeal to many suburban families.

Summary

Best Version to Get

The Premium trim would be the right place to start since it brings standard niceties like a power driver's seat, heated front seats, power rear gate, push-button start, and an auto-dimming rearview mirror. Those looking for leather seats, 4-way power lumbar adjustment, and a panoramic roof will need to step up to the Limited, Touring, or Onyx Edition Touring trims.

Notable changes:

For 2026, the Onyx Edition trim was dropped.

To read the full road test go to <https://www.consumerreports.org/cars/subaru/ascent/2026/road-test-report/?pagestop>